

## **Favorite Scripture – Pastor Carl Haynes (2021)**

### **Scripture – Book(s) and Chapter(s):**

Psalm 121:1-2



CHRISTIANA  
LUTHERAN  
*Church*

### **Scripture passage(s):**

<sup>1</sup>I lift up my eyes to the hills. From where does my help come from? <sup>2</sup>My help comes from the LORD, who made heaven and earth.

### **Why this is my favorite scripture:**

When the psalmist wrote the first verse he was looking at the hills that surrounded the city of Jerusalem. All along those hills were altars set up to false gods. So he asks the question: *Where does my help come from?* Does it come from those false gods, those idols that can neither hear, see, speak or think? Of course not! My help comes from the LORD, who made heaven and earth.

There are lots of things in this life that we see around us everyday that tempt us to put our trust and hope in them, to look to them for help. Our self, our job, our finances, our home, our family can all become things we rely upon to help us get through this life. And while they can and do help us, we don't rely on them completely. We rely on God who gives us life, who gives us the talents and abilities to do our job, who has blessed us with family and friends – who ultimately created them as he created the heavens and the earth.

When we rely on the one true God who created this world just for us, we know he will take care of us because he loves us. He sent his Son Jesus to die on the cross to pay for our sins and rose from the dead to make it possible for us to have life here on earth and eternal life in the world to come.

### **Prayer:**

Dear Lord God, thank you for giving me life. Help me to look to you for help as I seek to live my life for you. In Jesus' name. Amen.